

Manotick Tennis Club

COVID 19 – Safety Plan (Effective April 16, 2021)

The safety and well-being of the Manotick Tennis Club (MTC) members and our local community is our top priority while returning to the sports we love. MTC has developed this safety plan to provide players with a safe, effective and enjoyable environment, while at the same time limiting the risk and aiming to prevent the spread of COVID-19.

This plan will be posted on the Club website and posted at the Club.

CLUB RESPONSIBILITIES:

MTC will adhere to all guidance from the City of Ottawa. Guidance varies depending upon the “restriction zone” we are in and is subject to change. Members will be kept informed of what restrictions are in place as they change. City of Ottawa guidance for tennis/pickleball facilities is shown below for reference. Subsequent to the guidance below, City officials confirmed to community clubs, that during lockdown, singles can be played on each court.

NEW – During Grey and Lockdown restrictions, MTC is required to screen users of the facility prior to use. All members are required to complete a mandatory COVID19 screening questionnaire prior to each time you play. This screening must be completed on the day of play, and each day that you play. MTC is using CANATRACE as the tool to conduct active screening. A link to the questionnaire is available on the club website. A QR code is also available to scan at the main gate entrance.

Clubhouse is closed during Grey and Lockdown restrictions. Access to courts is via the main gate on court 1 only.

Clubhouse will be open to access washroom and first aid supplies only when able to meet the public health requirements to sanitize touchable surfaces, facilities and equipment. When this cannot be achieved, the clubhouse will remain closed.

Singles or Doubles play will depend on the level of restriction. Members will be notified as restriction levels change. During Grey and Lockdown restrictions, singles play only is permitted. Members should ensure appropriate social distance, according to public health guidelines, at all times.

Guest Privileges also depend on level of restriction. During Grey and Lockdown, courts are open for MTC members, guests are not permitted.

Use of the **online booking system is mandatory**. No drop-ins are permitted. If you are using the court alone for practice session, use "Practice" in booking system.

Programs:

- Leagues, ladders and group lesson activities will be scheduled while adhering to the Covid 19 Provincial regulations regarding maximum number of participants.
- Junior programs will be conducted within a reduced capacity that corresponds with public health guidelines.

MEMBER RESPONSIBILITIES:

- **Do not play if you are sick**, exhibiting covid-19 symptoms or have been in contact with someone with Covid-19 in the last 14 days.
- Anyone who receives a positive COVID-19 diagnosis, and has been onsite within the previous 14 days should notify the MTC in confidence at president@manoticktennisclub.com. MTC can then communicate to other participants and staff in an anonymous capacity if there is a higher risk or cause for concern depending on the time, location and duration of the positive case while at MTC.
- Successfully complete CANATRACE questionnaire every time you play. The questionnaire must be completed on the day of play. Upon completing the questionnaire, members should receive their "check" that they are ok to play. There are 2 ways to complete the questionnaire:
 - Link on the website
 - QR code at the main entrance to the courts, that can be scanned with smart phone and completed prior to entering the courts.
- Always maintain appropriate **distance** (2-3 meters depending on public health zone) from others at all times, sanitize hands and equipment regularly, limit handling of others' equipment and tennis/pickleballs, bring your own water, sanitize your hands prior to leaving.
- **Mandatory wearing of mask:** Masks must be worn at all times except when in active play.
- **Please bring hand sanitizer** so that you can disinfect your hands and equipment as required.
- Arrive close to your start time and wait outside the gate until your court has been vacated and those players have left the fenced court area. When you finish playing bring your garbage and leave the fenced court area promptly. Do not gather in groups or congregate on the courts or near the gate or fence.

- Wash your hands with disinfectant soap and water for at least 20 seconds before coming to play
- Make sure you have enough water before leaving your house
- Clean your equipment including your racquet/paddle and water bottle
- Do not share equipment with other players (except balls)
- Avoid all physical contact and respect current physical (social) distancing restrictions as much as possible when playing and at all times when not playing
- If you cough or sneeze, do so in a tissue or in your sleeve
- Avoid touching your face after manipulating a ball, racquet/paddle or when you hit the ball to another player
- Avoid touching gates, nets and all other objects

City of Ottawa Tennis – Zone Restrictions COVID-19 Ontario Response Framework

Measures	Restrict	Control	Grey	Shutdown
1. Municipal tennis / pickleball clubs	Open	Open	Open	Open
2. Maximum outdoor capacity	Based on sq. footage (maintain 2m distancing) Max 100	Based on sq. footage (maintain 2m distancing) Max 25	Based on sq. footage (maintain 3m distancing) Max 10	Based on sq. footage (maintain 3m distancing) Max 5
3. Clubhouse, locker rooms, change rooms, washrooms, showers	Open	Open for washroom, storage and first aid only	Open for washroom, storage and first aid only	Open for washroom, storage and first aid only
4. Maximum indoor capacity per facility	Based on sq. footage (maintain 2m distancing) Max 50	Based on sq. footage (maintain 2m distancing) Max 10	Closed	Closed
5. Public tennis / pickleball courts	Open	Open	Open	Open
6. Maintain 2-m physical distancing	Unless engaged in sport	At all times	Maintain 3m physical distancing at all times	Maintain 3m physical distancing at all times
7. Face coverings Indoor - required Outdoor - highly recommended ** except when actively engaged in play	Yes **	Yes **	Yes **	Yes **
8. Advance reservation required	No	Yes	Yes	Yes
9. Contact Information / record keeping	Yes – keep for at least one month	Yes – keep for at least one month	Yes – keep for at least one month	Yes – keep for at least one month

10. Day camps for children	Yes	Yes	Yes	Yes
11. Participant screening	Yes – passive	Yes – passive	Yes - active	Yes - active
12. Employee / volunteer screening	Yes – active	Yes – active	Yes – active	Yes – active
13. Spectators allowed *** One parent/guardian only for participant under 18	Based on sq. footage (maintain 2m distancing) Max 50	No ***	No ***	No ***
14. Tennis format followed	No restrictions	Activities must be modified to ensure 2m physical distancing at all times No Doubles Play	Activities must be modified to ensure 3m physical distancing at all times No Doubles Play	Activities must be modified to ensure 3m physical distancing at all times No Doubles Play
15. Shared equipment	Cleaned and disinfected between each use	Cleaned and disinfected between each use	Cleaned and disinfected between each use	Cleaned and disinfected between each use
16. League play	Max 50	No	No	No
17. Safety plan	Yes – written and posted	Yes – written and posted	Yes – written and posted	Yes – written and posted

Sources:

Ottawa Public Health [Novel Coronavirus \(COVID-19\) - Ottawa Public Health](#)

Ontario COVID-19 Response Framework [COVID-19 response framework: keeping Ontario safe and open | Ontario.ca](#)

Ontario Regulations for Grey & Shutdown Zone [O. Reg. 221/21: RULES FOR AREAS IN STAGE 1 \(ontario.ca\)](#)

Ontario Regulations for Red Zone [O Reg 263/20 | Rules for Areas in Stage 2 | CanLII](#)

Ontario Regulations for Orange Zone [O Reg 364/20 | Rules for Areas in Stage 3 | CanLII](#)

Ontario Tennis Association [COVID Response Framework \(Outdoor Tennis\)](#)